



ROCK RUN INN
GRILL & BANQUETS

Lenten Menu

ENTRÉES

TUSCAN SHRIMP 13.00

Broiled shrimp tossed with spaghetti, cherry tomatoes, peppers, onions, and our creamy scampi sauce.

BAKED MAC & CHEESE 10.00

Elbow macaroni tossed in our homemade cheese sauce, topped with more cheese and baked to a golden brown.

FRIED FISH PLATTER 12.00

Two pieces of hand battered Atlantic cod deep fried to a golden brown served with french fries and coleslaw. Choice of tartar or cocktail.

SHRIMP PLATTER 14.00

A half pound of panko breaded shrimp fried or broiled, served with a baked potato and veg du jour. Choice of tartar or cocktail.

LEMON PEPPER BROILED COD 14.00

Two pieces of Atlantic cod topped with our lemon pepper seasoning, butter, and white wine. Served with a baked potato and veg du jour.

FISHERMAN'S PLATTER 18.00

Two pieces of cod and a half pound of shrimp, broiled or fried, served with a baked potato and veg du jour. Choice of tartar or cocktail.

All entrées include choice of soup du jour or side salad.

SANDWICHES

TUNA WRAP 9.00

Tuna salad wrapped in a grilled flour tortilla with lettuce, tomato, and onion.

FRIED FISH SANDWICH 12.00

Two pieces of beer battered Atlantic cod served on a toasted bun with lettuce, tomato, and onion. Choice of tartar or cocktail.

FRIED ZUCCHINI PARMESAN SANDWICH 10.00

Thinly sliced battered zucchini fried to a golden brown, topped with marinara and mozzarella cheese and served on a toasted garlic bun.

SHRIMP PO BOY 12.00

Your choice of broiled or fried shrimp, served on a toasted garlic bun, lettuce, tomato, onion, pickle, and our Cajun remoulade.

All sandwiches include choice of fries, chips, tater tots, or coleslaw.